

FACULTY (in alphabetical order)

Andrasik (Frank), Ph.D.

Dr. Andrasik received his doctorate in Clinical Psychology from Ohio University in 1979. He then joined the Psychology Faculty of the State University of New York at Albany (SUNYA) where he also held the positions of Research Associate Professor in the Department of Neurology and Adjunct Associate Professor in the Department of Family Practice at Albany Medical College. At SUNYA he assisted in establishing and directing a clinical research unit (Stress Disorders Clinic of the Center for Stress and Anxiety Disorders) investigating both pharmacological and non-pharmacological approaches to varied stress and pain problems. Upon departing SUNYA, he served as Associate Director for Pain Therapy Centers in Greenville, SC, where he managed multidisciplinary pain treatment programs at various hospital sites. He presently holds the positions of Senior Research Scientist at the Institute for Human and Machine Cognition and Professor of Psychology at The University of West Florida. He was the 1992 recipient of the Association for Applied Psychophysiology and Biofeedback's Merit Award for Long-Term Research and/or Clinical Achievements, and the 2002 recipient of AAPB's Distinguished Scientist Award. Dr. Andrasik is currently serving as Editor-in-Chief for *Applied Psychophysiology and Biofeedback*, having served as past Editor-in-Chief for *Behavior Therapy* and as Associate Editor for *Behavior Therapy* and *Biofeedback and Self-Regulation*. He was serving as President of the Association for Applied Psychophysiology and Biofeedback in 1993-1994. He chaired the Task Force on Biofeedback Treatment of Tension Headache for this same organization. Dr. Andrasik has published approximately 170 articles and chapters and has delivered nearly 400 talks on the topics of pain, stress, biofeedback, psychiatry, and organizational behavior management; he has also produced several texts for professionals. His most recent text, published in 2003, is *Biofeedback: A practitioner's guide* (3rd ed.), co-edited with Mark S. Schwartz. He frequently lectures and presents workshops on these topics. Finally, Dr. Andrasik remains active clinically. He is licensed as a psychologist and has maintained a private practice since 1982, and regularly consults to various agencies.

Berndorfer (Knut), Dr.rer.nat.

Knut Berndorfer received his degree in physics at Universities in Vienna and Munich. Starting from Quantum physics he has a long standing involvement in consciousness research and the unfoldment of human potential. He works with Biofeedback since 1987. For many years he was secretary and trainer for the Austrian Society of Biofeedback and Psychophysiology. He performed a research study for alcoholics in recovery in a major therapy centre in Austria using alpha-theta training. He works with biofeedback in free practice and for organizations in the field of Stressmanagement & Community Building. He's a member of the Centre for Knowledge Management at the University in Linz/Austria.

Blase (Kees)

Kees Blase studied Medical Physics and Social Sciences at the University of Utrecht. As a co-creator and founder of several organizations, for instance the National Centre for Stressmanagement in the Netherlands he is always building bridges between science and society, eastern and western wisdom, music and management, neurocardiology and biofeedback tools in schools. He wrote more than ten books (*Vitality in education, Self-management*) and many training programs (*Inspirational School Policy, Authentic Leadership*). Since 2000 he is leading the project of heart-brain schools in the Netherlands in cooperation with the Institute of HeartMath and one of the partners of HeartMath Netherlands. He is international trainer and keynote speaker on self-esteem, sustainable partnerships and emotional management in learning and peak-performance, in UK, Germany, Albania, Hungary, Croatia and Belgium, and is attracted by reconciliation processes in war affected areas.

Brucker (Bernard), Ph.D., ABPP

Dr. Bernard S. Brucker is Associate Professor in the Departments of Psychiatry and Behavioral Sciences, Orthopaedics and Rehabilitation and Radiology at the University of Miami School of Medicine. He is a psychologist who has been a leader in the field of rehabilitation and is currently Chief of the Division of Psychology and Director of the Biofeedback Laboratory at the University of Miami/Jackson Memorial Medical Center. He is the Past President of the Division of Rehabilitation Psychology of the American Psychological Association and the recent Past Chairman of the Brain and Spinal Cord Injury Advisory Council for the State of Florida. Dr. Brucker is currently President of the American Board of Rehabilitation Psychology, Member of the Board, American Board of Professional Psychology, Past Vice President of the Florida Brain Injury Association and Past Board Member of the Association of Applied Psychophysiology and Biofeedback. Dr. Brucker has received the Gil Moss Award from the National Spinal Cord Injury Association for outstanding scientific and clinical contribution to spinal cord injury, the Exceptional Achievement Award, from the Institute of Electrical and Electronics Engineers, for microprocessor control of movement in paralyzed muscle, the Lifetime Achievement Award from the Dade County Chapter of the Florida Psychological Association, the Distinguished Service Award, Division of Rehabilitation, American Psychological Association and the Karl F. Heiser Presidential Award from the American Psychological Association. Dr. Brucker is one of the founders, and the original Co-Director of the Miami Project to Cure Paralysis. He is world renowned for developing specific behavioral procedures for restoring function in people with physical disabilities and has numerous publications, chapters, and presentations at scientific meetings.

Dixhoorn (Jan van), MD, Ph.D.

Dr. Jan van Dixhoorn studied medicine (1977) and did a cum laude dissertation (Ph.D.) in 1991 on breath relaxation for cardiac patients. He is part time associated with Kennemer Hospital in Haarlem, The Netherlands, where he directed one of the first biofeedback clinics in the country and is now medical head of the cardiac rehabilitation unit. He has a private practice in Amersfoort and directs a three-year long postgraduate course in breathing and relaxation therapy. He is co-author of a book on breathing therapy (1979), now in its 9th printing, and author of a professional manual for relaxation therapy in (1998).

Fuhs (Monika), Mag.rer.nat., Dipl.Psych.

Studied Psychology at the University of Vienna, worked at the Neuropsychiatric station for children of the Vienna AKH for many years as well as doing a study about kids and development of language for the Vienny Academy of science. Board member of the ÖBfP (Österreichische Gesellschaft für Biofeedback und Psychophysiologie), editor of the new BFE Journal 'Psychophysiology Today', author of articles with Erik Peper, Co-Director and project manager of Work solutions for the "Healthy Computing and prevention at the worksite" program, lecturing of numerous workshops in the fields of Biofeedback in Europe, Founder and Director of the Holistic Learning Institute. Monika Fuhs is a licensed teacher and trainer for dyslexia and perception problems (ReLeMaKo) and brain friendly learning. She teaches workshops in the fields of stress management, Holistic Health, Healthy Computing and optimum human functioning with Erik Peper and brain management and brain friendly teaching and learning in different schools, workshops for stress management and success for kids as well as leading a private practice for kids and adults. Her main interests focus on mind body medicine and what it takes to make people change and how biofeedback and related therapies can help to make this process as successful as possible.

Fuller (Ron), PTA, BA

Ron Fuller, PTA, BA is a physical therapy assistant and the national aquatic specialist for HealthSouth Corporation. He practices at HealthSouth Rehabilitation Hospital in Concord, New Hampshire. He is an adjunct faculty at several colleges where he teaches aquatic therapy and advanced orthopaedic conditions to PT and PTA students. He is on the teaching faculty of Aquatic Consultants of Georgia (ACOG). He has authored several articles on aquatic rehabilitation and aquatic biofeedback. He lectures nationally and internationally on aquatic therapy for orthopaedic conditions and the use of aquatic biofeedback in the treatment of upper and lower extremity conditions.

Gevirtz (Richard), Ph.D.

Richard Gevirtz, Ph.D. is a Professor of Psychology at the California School of Professional Psychology at Alliant International University in San Diego. His research and practice in recent years has focused on psychophysiological mechanisms and treatment of disorders affected by the autonomic nervous system, such as IBS, Non-Cardiac Chest Pain, TMD, Headache, and other muscle pain syndromes. He is the author of numerous articles and chapters.

Glazer (Howard), Ph.D.

Howard I. Glazer, Ph.D. is a Clinical Associate Professor of Psychology in Psychiatry and in Obstetrics and Gynecology at Cornell University Medical College/New York Presbyterian Hospital. He specializes in the use of electromyographic feedback (biofeedback) for the rehabilitation of pelvic floor musculature in the treatment of a broad range of urologic and gynecological conditions such as urinary stress incontinence, urge incontinence, detrusor instability, interstitial cystitis, coccydynia, prostatodynia, urethral syndrome, vulvodynia/vestibulitis and other pelvic pain syndromes. Dr. Glazer provides individual clinical services, training workshops, and in-office specialty training. His research into the treatment of vulvodynia has been published in the Journal of Reproductive Medicine and other academic, professional and popular journals. Information on his work can be found at www.vulvodynia.com.

Gunkelman (Jay), QEEGD

Jay entered the field of biofeedback in 1972, co-founding the first state hospital based biofeedback lab in the USA. Jay is an executive officer of the Board of Directors of AAPB, and is a past president of iSNR. He is currently the Executive Vice President of Q-Metrx.com, a company which specializes in EEG/qEEG analysis, as well as Polysomnography. He has lectured on the brain's anatomy and physiology, and the EEG/qEEG world-wide.

Hamiel (Daniel), Ph.D.

Daniel Hamiel, Ph.D. is head of the Cognitive-Behavioral and Psychophysiological unit, Tel-Aviv Mental Health Center, Tel-Aviv University, Medical School. Director of Cognitive-Behavioral Intervention, the Cohen Harris Center for Trauma and Disaster Intervention. He is a clinical psychologist, certified in biofeedback (BCIA), neurofeedback, and in hypnosis. Past president of the Israeli Association of Biofeedback, he teaches workshops on cognitive psychology and biofeedback in many countries. He was in a clinical practice in Cincinnati, Ohio from 1992-1995. Currently, Dr. Hamiel is involved in developing and performing a stress management program in schools in Israel and in New York City, for schools that have suffered terror attacks.

Kasman (Glenn), PT, MS

Glenn Kasman, P.T., M.S., serves as Director of Physical Therapy at Good Samaritan Community Healthcare, located near Seattle, Washington, USA. He oversees department divisions for acute hospital care, inpatient and outpatient rehabilitation, work injury prevention and rehabilitation, and multiple outpatient musculoskeletal care clinics. He is also a member of the clinical faculty at the University of Washington and has been an officer for administrative and reimbursement sections of professional associations, a member of the board of the Surface EMG Society of North America, and member of other clinical advisory and editorial boards. He has published work in neurophysiology, surface EMG evaluation and feedback training, including a two-volume textbook series on uses of EMG with chronic pain, athletic injury, orthopedic rehabilitation and cumulative trauma. He lectures internationally and regularly conducts seminars for clinicians.

Kawakami (Mitsumasa), Yogi and Healer, Institute for Research of Subconscious Psychology, Fukuoka, Japan

Mr. Mitsumasa Kawakami, Chairman of International Conference for Philosophy of the Mind, Principal of Japan Yoga Meditation etc. Awarded title of Yoga Samrat (King of Yoga) in 1983 by the Indian Yoga Culture Association. He has provided guidance to thousands clients during his 30 years as a Healer.

Keeser (Wolfgang), Ph.D.

Wolfgang Keeser, Ph.D. started with Biofeedback 1974 at the EEG department of the Max-Planck-Institute for Psychiatry Munich, where he was a post graduate fellow (1974-1977). Later positions were Research fellow at the Research Center for Psychotherapy (1977-1978). From 1978-1985 he was assistant professor for Medical

Psychology at the University Munich. He is a Licensed Clinical Psychologist (Behavior Therapy) and accredited supervisor. He was Co-founder of the German Biofeedback Society (DGBFB) and their first vice president. He is a board member of the European chapter of the International Society for Neural Regulation and a member of the Advisory Board of the Biofeedback Foundation of Europe (BFE), a member of the American Psychological Association (APA), New York Academy of Science, the EEG and Clinical Neuroscience Society (ECNS). He has published more than 30 publications in peer-reviewed journals, several book chapters and was editor of a major book on Pain. He started Neurofeedback 1993 at the Key West Winter Brain Conference and was trained among others by Martin Wuttke, Les Fehmi, Joe and Judit Lubar and Sue and Sigfried Othmer, Len Ochs, Barry Sterman and Robert Thatcher.

Kraaijenhof (Henk), PT, BA

Henk Kraaijenhof, PT, BA, is a performance consultant to international elite athletes in athletics, speed-skating, volleyball, bob sleigh, triathlon, fencing, archery, swimming, tennis, handball and soccer. He has coached individuals and teams to national success in Olympic and world level competition. He is currently technical director of Nemesis BV, a company that develops and sells hi-tech training and measuring systems for sports in the Netherlands. He has published work in performance, training systems and protocols for elite athletes. He lectures internationally and has chaired and presented at international congresses in Spain, Italy, Hungary, Norway, Sweden, Belgium, and Switzerland. He has conducted research in the development and application of scientific training systems for elite athletes and has been involved in scientific research projects in human sports performance in Norway, Estonia, Italy and the Netherlands.

Kroymann (Rainer), PT, BA

Reiner Kroymann ist der leitende Psychologe der Klinik für Psychotherapie und Verhaltensmedizin in Kreischa b. Dresden. Er arbeitet seit 1995 im klinischen Bereich und beschäftigt sich seitdem intensiv mit dem Einsatz von Biofeedback im Rahmen einer verhaltensmedizinischen Behandlung. Schwerpunkte seiner klinischen und wissenschaftlichen Arbeit bildet die Arbeit mit Angstpatienten, Schmerzstörungen, Somatoformen Störungen, Tinnitus und Inkontinenz. Reiner Kroymann war Generalsekretär der Deutschen Gesellschaft für Biofeedback, er ist Supervisor und Lehrtherapeut für Biofeedback und Supervisor für Verhaltenstherapie.

Lehrer (Paul), Ph.D.

Paul Lehrer, Ph.D. is Professor of Psychiatry, at the University of Medicine & Dentistry of New Jersey (UMDNJ) Robert Wood Johnson Medical School, and Director, UMDNJ Center for Stress Management and Behavioral Medicine. He is Past President of the Section for Applied Respiratory Psychophysiology, of the AAPB and of the Biofeedback Society of New Jersey and Past Member of the Board of Trustees, AAPB and BCIA. Dr. Lehrer has over 90 publications in the fields of psychophysiology, biofeedback, and behavior therapy. He is co-editor of the widely used text, Principles and Practice of Stress Management. Dr. Lehrer has been studying HRV and HRV biofeedback for the past 15 years. He currently is the recipient of a grant to perform a controlled trial of HRV biofeedback for treatment of asthma, from the National Institutes of Health, Heart Lung and Blood Institute. He has given previous lectures and workshops on this topic throughout the world, including recent presentations at the Association for Applied Psychophysiology and Biofeedback, the American Thoracic Society, and the International Society for Applied Respiratory Psychophysiology.

Matto (Daniëlle)

Daniëlle M. Matto is a certified clinical psychologist and child psychologist with interest in neuropsychology and biofeedback. Her research interest has been attention and memory. Since 1991, she has been treating patients suffering from seasonal affective disorder with light therapy. In addition to her clinical practice, she has trained psychologists, physical therapists and clinicians in the use of biofeedback. Currently she works as a psychologist, treating people with workrelated physical and mental problems, like RSI and Stress. In her work she uses biofeedback and behavioral therapy. She is the Senior Administrator of the Biofeedback Foundation of Europe and member of the Dutch Society of Psychologists and the International Section of the AAPB.

Moss (Donald), Ph.D.

Donald Moss, Ph.D., is adjunct graduate faculty in Health Psychology at Saybrook Graduate School in San Francisco, and a partner in the Psychological Services Center in Grand Haven, Michigan. He is Editor of the *Biofeedback Magazine*, and Consulting Editor for the journals *Applied Psychophysiology and Biofeedback*, *Journal of Neurotherapy* and the *Journal of Phenomenological Psychology*. Dr. Moss has over 50 publications in the fields of psychophysiology, biofeedback, and mind-body therapies, including an edited book (*Handbook of Mind Body Medicine for Primary Care*, Sage, 2003). He has given lectures and workshops on these topics throughout the world, including recent presentations at the Association for Applied Psychophysiology and Biofeedback, the International Association for Cognitive Psychotherapy, the National Autonomous University of Mexico, and the Biofeedback Foundation of Europe. He is also past-president of AAPB.

Niepoth (Lothar), Dipl.Psych.

Diplompsychologe, nach Ausbildungen in NLP, Körpertherapie, Verhaltenstherapie Ausbildung zum Biofeedbacktherapeuten, nach Klinikätigkeit in psychosomatischen und Rehabilitationskliniken seit 1994 niedergelassener Psychotherapeut in München. Supervisor für Verhaltenstherapie (DGVT), Supervisor und Ausbilder in Biofeedback (DGBfb, Deutsche Gesellschaft für Biofeedback). Diverse wissenschaftliche Publikationen.

Peper (Erik), Ph.D.

Erik Peper, Ph.D. is an international authority on biofeedback and self-regulation. He is Professor and Director of the Institute for Holistic Healing Studies at San Francisco State University and Director of Work Solutions USA in Berkeley, CA. He is past president of the Biofeedback Society of America (now AAPB) and Biofeedback Society of California. He is co-author of *Healthy Computing - a biofeedback software protocol to prevent the risk of injury from working with computers*. Amongst his most recent books are *Healthy Computing With Muscle Biofeedback: A Practical Manual for Preventing Repetitive Motion Injury (2000)* and *Make Health Happen: training yourself to create wellness (2002)*. He is co-producer of the weekly *Healthy Computing Email Tip™*.

Sella (Gabriel), MD, MPH, MSc., Ph.D.

Gabriel E. Sella, MD, has been a member of AAPB for over 10 years. He has done research and clinical work in the area of biofeedback for over 10 years. Dr. Sella has published 85 peer-reviewed papers, 10 textbooks and 1 technical CD ROM. He has written chapters in several scientific textbooks and publications. Dr. Sella has given 267 international conferences and seminars, many of them in the area of SEMG investigation and neuromuscular rehabilitation as well as soft tissue injury and pain. Dr. Sella is a founding member of the Biofeedback Foundation of Europe. He is on the editorial board of several journals, including *Europa Medicophysica*.

Siever (David), C.E.T.

David Siever graduated in 1978 as an engineering technologist. He later worked in the Faculty of Dentistry at the University of Alberta designing TMJ Dysfunction related diagnostic equipment and research facilities. He organized research projects, and taught basic physiology and a TMJ diagnostics course. David observed anxiety issues in many patients suffering with TMJ dysfunction, prompting him to learn and practice biofeedback and design biofeedback devices. In 1984, David designed his first audio-visual entrainment (AVE) device- the DAVID1. Since then he has researched and refined AVE technology, specifically for use in relaxation, and treating anxiety, depression, PMS, ADD, FMS, SAD, hypertension and insomnia. He presents AVE technology applications regularly at conferences and for special interest groups.

Sterman (M. Barry), Ph.D.

M. Barry Sterman, Ph.D. is currently Professor Emeritus in the departments of Neurobiology and Biobehavioral Psychiatry at the UCLA School of Medicine. His major research interests include; basic neural mechanisms of sleep regulation; neural and behavioral mechanisms in epilepsy, neural substrates and cognitive correlates of EEG rhythms, and quantitative EEG Assessment and Neurotherapy. Papers written by Dr. Sterman have been published in *Science*, *Brain Research*, *EEG and Clinical Neurophysiology*, *Experimental Neurology*, *Journal of Internal Medicine*, *Biofeedback and Self-Regulation*, *Scandinavian Journal of Psychology*, *Brain Topography*, *Clinical Neurophysiology*, *Journal of Neurotherapy*, and the *Handbook of Electroencephalography and Clinical Neurophysiology*.

Thompson (Lynda), Ph.D.

Lynda Thompson, Ph.D., BCIA-EEG, is a psychologist with experience in teaching, clinical psychology, school psychology and ownership of learning centers. Since 1993 she has been Executive Director of The ADD Centre in Toronto, a private service devoted to helping people improve behavior and learning. The clinic also deals with clients who have other disorders associated with poor attention including epilepsy, Asperger's Syndrome, learning disabilities, Tourette's Syndrome, closed head injury, autism, mood disorders, and anxiety. Her doctoral dissertation (1979) dealt with self-esteem in hyperactive children treated with methylphenidate. She is co-author with pediatrician William Sears of *The ADD Book: New Understandings, New Approaches to Parenting Your Child*, and co-author with Michael Thompson of *The Neurofeedback Book: an Introduction to Basic Concepts in Applied Psychophysiology*. She and her husband have lectured about Neurofeedback on five continents.

Thompson (Michael), MD

Michael Thompson, MD devotes his time to the administration of the Biofeedback Institute and teaching. When formerly practicing medicine he was Associate Professor and head of post-graduate education in Psychiatry, University of Western Ontario, examiner for the Royal College of Physicians (Canada) and chairman of their examinations committee in psychiatry. Numerous professional publications include *A Resident's Guide to Psychiatric Education*. While Associate Professor, University of Toronto, he was psychiatric consultant to The Hospital for Sick Children's neurology department.

Timmer (Barbara), Dr. rer. nat

Barbara Timmer arbeitet seit 1998 als Psychologin in der Medizinisch-Psychosomatischen Klinik Roseneck. Neben ihren klinisch-therapeutischen Arbeit ist sie wissenschaftlich im Bereich der Therapieevaluation bei somatoformen Störungen tätig. In ihrer praktischen Tätigkeit in der Biofeedback-Abteilung der Klinik Roseneck setzt sie sich seit vielen Jahren intensiv mit verschiedenen Anwendungsbereichen von Biofeedback auseinander - Schwerpunkt ihrer Arbeit ist dabei die Behandlung von Patienten mit chronischen Schmerzstörungen, somatoformen Störungen, Angsterkrankungen und Tinnitus. Barbara Timmer ist als Lehrtherapeutin für die Deutsche Gesellschaft für Biofeedback (DGBfb) tätig.

Vandeweghe (Nicole)

Nicole Vandeweghe is the director of the Belgian Association of Biofeedback & Self-regulation. She is a biofeedback trainer with many years experience in biofeedback and stressmanagement. She is co-author of the books 'Biofeedback in de klinische setting' (1992) and 'Inleiding in de Caycediaanse Sofrologie' (2004). Nicole Vandeweghe has a Masters in 'Sofrologie' and is the director and trainer of the Academy of Sofrologie and Management, as recognised by the international university created by Prof. Caycedo, since 1992. She is postural integrator and internationally known as trainer and speaker in emotion management, assertiveness, communication, conflict management and stress reduction techniques. She is currently working in risk analysis, organisation development and biofeedback.

Wilson (Vieta S.), Ph.D.

Vieta E. Wilson, Ph.D. (BCIA SF & EEG-AF) is a professor at York University in Toronto. She teaches courses in sport psychology, learned self regulation and how to teach biofeedback assisted relaxation. Dr. Wilson has 30 years of education and experience in Canada and the United States in sport, education, and psychology. She has worked with almost every sport in the alphabet with athletes ranging in expertise from novice to Olympic and professional. She has worked in a clinic for cerebral palsy, a counselling centre and is currently in an ADD and performance enhancement clinic. She has worked with various business corporations since 1978. She authored a text "Learned Self Regulation" and has CD's with a text "Owner's Manual for Controlling the Mind and Body" and audios on brief and deep self regulation. Her research includes QEEG of imagery, brain maps of elite performers, RSI, and a recent study on the effects of posture on mood states. Dr. Wilson is best known as an excellent teacher in workshops and seminars on sport psychology, learned self regulation and how to teach biofeedback assisted relaxation. She provides participants with practical 'how to' exercises and information that can immediately be used by practioners.

Zwaag (Wytze van der), MA

After successfully completing his study at the Academy of Sports Wytze van der Zwaag started studying psychology at the University of Groningen. Special focus was on psychophysiology at the department of Prof. B. Mulder. Perception of time and the timing of motor performance was his specialty. He got his degree in Psychology in 1986. He started with biofeedback in the mountains of Switzerland where he worked in a clinic for asthma patients.

In Hardenberg Medical Centre he started with several biofeedback devices and methods. Tom Allen introduced him in the fascinating world of neurofeedback. Several workshops and courses followed and in 1998 he met Barry Sterman and Sue & Siegfried Othmer in London in an EEG-spectrum course. At the moment he is clinical psychologist/psychotherapist in a private clinic for whiplash and TBI patients in The Netherlands. Several forms of biofeedback are an integral part of the treatment program.